



Chichester

HERALD

Tuesday 20th May 2014

YOUR FREE WEEKLY NEWSPAPER

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nagging
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Save our homes

>> Meeting takes place with view to cutting spit at Pagham

James East
HERALD REPORTER

A VITAL MEETING has taken place to help save our homes on Pagham beach from being taken by the sea.

Local MP Nick Gibb met with other residents and experts to discuss options about cutting a channel through the ever growing Church Haven spit.

Expenses from Royal Hedingham have been drawing a report on the cause and a way forward in making this happen – a problem which has been growing worse over the past ten years.

Hundreds temporary residents from Arun District Council have failed leaving homes at severe risk of the sea due to the harbour entrance obstructing this to the growing spit and the river cannot empty away the shoreline at a disastrous rate.

The story...

THE PROBLEM

The shape of Pagham Beach is changing rapidly and dramatically. Pagham is being the simple drainage that protects the houses at a frightening rate, in the past it has been shown that this causes the

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The continued erosion of Pagham Beach could have dire consequences for homes (Photo courtesy Pagham Rotary)

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Meeting takes place with view to cutting spit at Pagham



woman, as due to an ever-growing spit that has displaced the entrance to the harbour, and is forcing an aggressive tide to flow parallel to the beach. To make matters worse, this spit is also blocking the boughverse ditch – a ditch that would otherwise replenish the river.

HOW IT COULD AFFECT YOU

The continued erosion of Pagham Beach could have dire consequences, not just for the nearby houses, but for the whole local area. With increasing storm

activity on the Isle of Wight each year, the risk of flooding is severe. Water could claim up to you because of farmland and hundreds of homes. Local landmarks such as the Tide Clock, St Thomas's Rector's Church and the Church Farm Holiday Village would be under threat. In addition, the seaview apartments, which has already been put under pressure, could be completely overwhelmed.

The growing flood risk will have a financial impact on the Pagham area

and beyond. Insurance costs look set to increase. Property prices will plummet. Heritage and planning provisions will become tighter to secure.

THE PRETREATMENT

The first action to the problem would be either to close off the channel along the beach to cut the spit, thereby creating a new harbour mouth. However, the authorities that are approved to work on tidal by EU environmental directives. These directives state that such measures may only be taken in an environmentally damaged nature reserve, such as Pagham Harbour, as a last resort. In order to override these directives, there's a need to demonstrate that there is "no viable alternative" to treating the spit. For this reason Pagham has had to experiment with short term flood defence measures. Residents have also been told to wear and use it nature when the problem arises. The suggestion is that the shape of the spit may change over time, either making up the existing channel, or creating a second one.

Unfortunately, the priority the

spit is to be highly unpredictable. And in the meantime, the shorter term defence measures put in place have not worked. Things that was designed to replace that which has been lost may washed away within days. The only real Government that was laid to protect houses has collapsed. And the oil tank of a building that has been laid down are mostly temporary.

THE MONEY STORY

Each shorter and longer term flood defence measures will be only further shingle shifting and

a strengthening of the treatment will cost approximately £200,000. The money is needed to looking into the possibility of building the spit could also cut. However, there's a catch. If allowed, would be only for Government funding for flood defence to smaller performance such as Pagham is being cut. However despite Pagham's status, however, the authorities are under no obligation to step in and save homes, they can simply wait away. Finally, Pagham must consider themselves to be on their own.



Day of action to tackle speeding in Chichester



POLICE IN CHICHESTER, carried out a day of action to crack down on dangerous drivers.

On Monday, May 26, local officers from Chichester's Highways and Police Teams took to the streets to tackle road traffic offences as a response to the local communities telling us that this was an issue in their area.

During the morning the team went to Avenue Du Chateau and the surrounding area and a total of 20

vehicles were stopped to enforce the various measures including using a mobile phone while driving and not wearing a seatbelt. Drivers were also stopped and given words of advice in regards to the speed of their vehicle.

In Chichester, the team also visited to Broad Road, an area where reports had been received about speeding traffic. Despite the fact that a number of vehicles were stopped and a total of five tickets were issued for various road offences.

Chichester's Local Highways and Police Teams have continued to target local residents who have caused concern in relation to speeding within the village. In response to this we have arranged a series of days of action to tackle the issue of speeding in communities in addition to constantly finding ways to work with the local community to reduce speeding.

Local Officer Jason Lenn said: "Chichester Highways and Police Teams recently have on an open meeting, equipment known as a 200 mph radar detector. Forward to residents to educate drivers of vehicle speeds in the community. If you are interested in joining one of the 20 volunteer groups already in operation in Chichester District, or just simply want to know more you can contact your local PCO who will be happy to give you more details."

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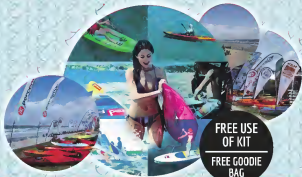
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Anorak Corner

improving nature
information about Chichester

The name Bosham is either derived from the old English 'Bossham' - Bos's water meadow as it was known in 750AD, or 'Bossham' meaning wood hamlet. Formerly in the province of the South Saxons and the Earldoms of Wessex, it became a Bosham in 1088 - 20 years after the Normans conquest.

SHORE BEACH DEMO WEEKEND



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Police warning on child sexual exploitation

STREET POLICE and partners are asking the public to help detect signs of child sexual exploitation.

A special statement issued out by the force revealed that more than two young people in Sussex were at risk of systematic sexual exploitation by older youths or men.

The young people, usually teenage girls, may receive gifts, accommodation, drugs, alcohol, cigarettes and sometimes apparent affection, for engaging in sexual activity, with individuals or groups, outside their own families.

Police stress that not all of the young people referred to in the survey were actually victims of crime at that time. The data was drawn from police records of meeting and found children, information from partner agencies about children they were supporting because of safeguarding concerns, and specific police operations in which they were engaged that resulted in children being exploited.

The survey also finds that the majority of children referred to were vulnerable to individuals, often to people or men at their local house or early twenties, rather than necessarily to groups, although the

potential for that is still a concern.

It also acknowledges that this may not be the whole picture, as some potential or actual victims, or even agencies in contact with them, including the police, suspect they recognise them to return.

A briefing for agencies involved in tackling the problem, including local authorities, other support services, and charities, is taking place at Sussex Police headquarters in Lewes on Friday 30 July.

It is chaired by Oliver Peckley, Temporary Deputy Chief Constable, and is also attended by Key Income, Sussex Police and Crime Commissioner, together with Norman Baker, Sussex Prevention Minister, and a representative from the Latchford-based Holly Shop who have adopted child sexual exploitation as a national community awareness focus this year.

Attendees of this briefing included selected representatives from, all three top-tier local authorities in Sussex, all three independent Local Safeguarding Children's Boards (LSCBs), Rembrandt, the sex 24/7 service covering East and West Sussex F082 17040, a

Sexual Exploitation Team Trenchard and Hove, and Cuckoo who offer a range of support services in East Sussex.

Stuart Atkinson was also being told about the first prosecution in Sussex for alleged conspiracy over child sex exploitation, following an investigation by East Sussex detectives.

Oliver Peckley said: "There is no secret evidence that the pervasive strategy, which accepts the loss of vulnerable young people, is frequent in Sussex, but we believe there needs to be an extra focus on the ways to encourage reporting so that a child picture can be established and children better protected."

"We are already working with partners in local authorities and partners in other statutory and voluntary agencies, to develop a child picture of the way in which sexual exploitation can happen."

"And all police officers and staff, especially all those engaged on operations and intelligence, as well as our call handlers, are being specially briefed on the warning signs."

It is the public can help too

The warning signs to look for on mobile are signs of,

- a child has unexplained gifts or unexplained new things such as clothes or mobile, or expensive habits such as alcohol or drugs

- they have substance misuse problems,

- they often go missing, and may be on lockdown,

- they are not engaged with their school and/or have been excluded at any time periods of truancy

- they have reported socially inappropriate behaviour, pregnancy and harassment

- they associate with men, or groups who are older than them, or are in contact with people who are known to commit crime.

Key Income said: "No child should ever be left without either level of harmful abuse and aggression that work with children have a collective responsibility to work together to stop it out."

"As Police and Crime Commissioner, I want all victims and those at risk of abuse, to know they have someone to go where they will be listened to and helped. Most importantly of all, when a young person does come forward,

we will support them to return."

"Earlier this year, following a supportive police consultation, I requested the police to go to find future investment in Sussex Police so that they can effectively tackle serious sexual offending including child sexual exploitation."

"This extra funding will allow Sussex Police to bring the management and investigation of sexual offences and safeguarding of children and adults into a dedicated team that will have the capacity and specialist trained officers to provide improved victim care."

"I hope that this will encourage public confidence to report such offences, result in more victims having the confidence to complete the criminal justice system or seek other redress, and keep people in Sussex safe from offenders."

If you can help on any way, contact Sussex Police on an and quote Operation Kite. Your information will be kept safe and will be able to speak in confidence to police officers or other specialist support agencies.

You can also contact the independent charity Crimestoppers anonymously on 0800 555 123.

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More than 14 million calories burnt so far on route to Rio



The annual challenge sees teams pick-up rubbish growing from London to Rio de Janeiro

MORE THAN 14 million calories have been burnt so far on the annual challenge between teams as part of the Roadwork Rio workplace challenge.

There's still time to sign up for Roadwork Rio, so be up your sleeves and get your team going on.

The annual challenge sees teams (made up of five people) from across workplaces across the world pick-up rubbish from London to Rio de Janeiro.

Roadwork Rio started last month, but it isn't too late for teams to sign up as it runs until Sunday July 27. Just visit the website at www.roadworkrio.org.

Any sport or physical activity counts towards the goal of reaching Rio. Teams log their activity online or on the smartphone app, and it is converted into miles to take teams on their virtual route.

From walking and running to swimming and strong, there are lots of ways to earn miles. And with bonus points for extra miles, great along the route and a special prize for the team that makes it to Rio first, there's even more encouragement to sign up.

The Roadwork Rio challenge is up to the start of May when

- Total teams registered: 214
- Total activities logged: 34,275
- Total miles logged: 35,978 miles
- Total miles burnt: 14,227,775
- Total calories burnt: 14,227,775

(That's enough to power a 100Watt LED light bulb for approximately 35,978,000 hours)

Anyone can join up after completing a short identity survey. The West Sussex Health and Wellbeing Board is backing the challenge.

Chairman Christine Field said:

"Although my club isn't on, Roadwork Rio would be a great way for me to stay active, and it's a fantastic way to get my team on a fun challenge."

It's also great to get your team on the challenge, especially if you have a number of teams sign up from the same place and make it much more of a competition between you."

Last year, teams burned more than 14 million calories between them and travelled 35,978 miles. This year, teams already signed up to the year's challenge, there's no time to lose.

Curfew for West Wittering man who pleaded guilty to £36,000 benefit fraud

A WEST WITTERING man who fraudulently claimed over £36,000 in benefits has been handed a six month prison sentence suspended for 12 months and a three month curfew.

Dan Hall, 45, from Redwood Road, West Wittering, had claimed income support, housing benefit, and council tax benefit but failed to declare that he and his partner were working.

Mr Hall pleaded guilty to two charges of dishonestly making a false statement to the Department for Work and Pensions and dishonestly failing to declare the work to Chichester District Council.

At Working Magistrates Court on Monday 12 May, Mr Hall was sentenced to six months imprisonment, suspended for 12 months, with a three month curfew order from 9pm to 5am Sunday to Friday.

Mr Hall was ordered to get an income support, housing benefit and council tax benefit claim from September 2013 and December 2013.

East Chichester District Council and the Department for Work and Pensions will seek to recover all the overpaid benefit.

Councillor Tony Dagnan, Cabinet Member for Finance at Chichester

District Council, says: "The money from the latest annual prosecution is clear we will always take action against people who try to cheat the system. We will protect our local communities from those who fraudulently claim the benefits system to take from pockets of the supposed honest, law-abiding taxpayers."

If you suspect anyone of committing benefit fraud you can contact the council's investigation team on a confidential helpline. For further information call 01243 625425 or enquiries@chichester.gov.uk

Lightning strikes house in Chichester

A HOUSE IN Chichester was hit by lightning on Monday 12 May as fire and damaged after it was struck by lightning.

Firefighters were called to the house on Broadland Place after lightning struck the building's chimney stack, causing damage to all floors of the property.

Mark Sussex Fire and Rescue Service said fire engines were sent to tackle the fire at 1.45pm on Thursday (12 May).

The fire was put out by a dog and person had to be rescued from the house.

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Sobering times after a grim Bank Holiday

The first grey dawn and gloomy bank holiday Monday worked behind a silver moon. The sweeping victory of the National Front in France. The rise of the outrageous shocker which cost efforts to please like Hungary. A man goes into a museum to find out for unknown reasons at the time of writing – and being a Kalamazoo machine gun into the faces of four people who just happened to be there. It looks like we have been dragged back into the dark days of the 1930s. It's a news-spoiled, anxious kind of person and every one of us who should do something to stop it, even if our only act is to report it and tell others we do.

Bad press
The Romanist continues to get a bad press. I saw one that it seems under their three laboratories can understand one because they can change being wrong, make their standard of living, such as look back home. But that's market forces for you. As a journalist I have to



Alis Moss
On the Case

compete in an environment that's flooded with people half my age who'll work for peanuts, and that's the name of the game. If you try and critically keep going higher than consumers notice. I know a publisher who's put half a long-researched for drive. Embarrassed. A local firm he contacted never turned up as a witness. Instead he hired a team of Romanist builders. It cost him two grand instead of four. The job was done efficiently and on time.

Mockingbirds
Mockingbirds compare are not my favourite animals. Are they anyone apart from their shareholders? But that's the market that mockingbirds live in.

anyone like the RAC, which began life as an automobile club, now seems to be mocking. A member for years, I was told my nearest quote was higher than the year before because of the number of times I had called them out – well within the limit.

One had been for a friend's car in the snow. That time, the RAC took it even answered our repeated calls.

We invited that one Cade and Warden last were down, they had the pill to inform me when I was late to complete, as if the absence of any blame for their communication breakdown that left me showing for hours by the roadside, using the nearby forest for shelter for convenience. By the time the tow away truck arrived it was too late to repair the car and we'd had to shell out for a £55. To make up for this, the RAC very graciously gave me two extra call-outs. That's also what they give you for long

membership. But what's the point if it lands you with a higher premium? If there's a breakdown somewhere there, which generally summons customers rather than trying to separate every penny of their pleasure put in touch.

Rubbish fish
I gave up on Brighton as the week was the first wet bank holiday Monday I have spent there, on a wet to the pier with my sister and two friends. I was determined we go for a fish and chip lunch at the famous Harry Ramsden's because I had just had a stomach of a good 'Welsh' pudding, filled with cream, porridge, that I had eaten there at Christmas two years before. I love puddings and can be very over-the-top to go and eat a wonderful steak at the Crown Inn in Chichester, where they eat it beautifully, served on a generous bed of veg. But Oh, Harry Ramsden's! What a disappointment. A small, rubbish

piece of fish, served tepid. When this was pointed out, it was back reduced from the grill, cut up as it had gone back to the kitchen, with our server on the side. Practically, you're less likely to get good food when you're part of the bank holiday crowd.

And finally...
After months back, a reader wrote in to say she was much worried that she was the only one to mix things up through about-mockers. Here's another someone to cheer her. Remember my pal, Maria, the Indian newspaper, owned by estate agents? It's rumored his finally launched station from the humble days, only to find a pen and his following glasses rolled under the pocket of his trousers. No wonder he hadn't seen what he was putting in the dress. Amazingly, both were unharmed. They were just incredibly slow.

Contact Alis: 01243 800000 or alis@chichesterherald.co.uk

Confessions of a Spendaholic

Recently I have been spending A LOT of dollar, the fact that I'm saying that is interesting, because many people would say that what I was spending before now was already quite excessive. But I have reached new levels. There are so many dollars that I want to look down look at the shop fronts, how beautiful they are, how playful they are. I mean are they constantly playing with my mind or something?

With events and stuff though, they're not selling you the actual stuff, they're selling you the person that you could be if you have that stuff. Countless times I have looked at a laptop and thought 'that's it!' It's at the old-fashioned laptop that I will want to use next party, and I will be the girl with the next laptop. That will be my thing. Then suddenly they decide a game, and you realize that maybe that laptop is just some old-fashioned gadget and a whole new, newer, more confident you. Maybe that dress isn't a piece of material that you've pinned all of your hopes and dreams on.

That whole problem would have been resolved if those other women hadn't started wearing her or whatever. Then maybe we would all just walk around naked and



Mia Edwards

actually would save what anyone was wearing. What a money waste that would be.

But as it goes, I spend money as long as smiling through the Manchester food shopping for that bargain game change. Luckily, though, there are things like our best sales and charity shops where everything is cheaper, and you may even be doing some good when you buy them. Besides the good of having new clothes to add to an already vast collection. I'm not talking of there was a gift card for Outfit (is there already? I don't know) I would be on that I would spend it within a week.

So if, like me, you actually have a paid job and can afford to buy things, then shop away. It, however, unlike me, you are sensible, you may see that the whole of the commercial world is one huge con and you would be better to leave that money and invest it into something worthwhile. Your thank-you note

Photo of the week

#Chichesterphoto



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HRH The Princess Royal awards outstanding Chichester College achiever at Buckingham Palace



CHICHESTER COLLEGE January Apprentice Tilly Schofield, from Epsom, Surrey, has been recognised for her accomplishments through

honouring by Her Royal Highness The Princess Royal and the Maudslayi Company of Jossens and Co. at an awards ceremony at Buckingham

Palace. The Princess Royal has presented the awards – which forms part of the annual City of Guilds Prince

Philip Medal ceremony – across the UK over the last 10 years. Her Royal Highness The Princess Royal, as President of the City and Guilds of London Institute in June 2014.

City of Guilds, a global leader in skills education, was founded by the City of London and its Livery Companies in 1569 and has maintained its focus on the City of London ever since. Every year, the Jossens and Co. Company rewards outstanding City of Guilds learners for their achievements.

Tilly Schofield was recognised for her excellent training within the craft and machinery sector for her performance in the Apprenticeship at the Maudslayi Company of Jossens and Co. The 19-year-old already has a number of accolades, having earned National Apprentice of the Year in the South Central region, a finalist in National Apprentice of the Year and runner up for Apprentice of the Year in the Spring Awards for South Central.

Speaking about her success, Tilly said: "It was a real surprise to be nominated for a Livery Company prize for my City of Guilds course. The

whole day visiting HQs in London and Buckingham Palace to meet Princess Anne was an incredible experience and one that I will never forget."

Owner of the Duxford Woodworking Company, Simon Wood, accompanied Tilly at Buckingham Palace, he said: "It was an experience that will last a lifetime. The extremely proud of Tilly for receiving this prestigious award. It was great to meet Princess Anne and for Tilly to be recognised for all her hard work."

Also, Chief Executive of the City of Guilds Group, Steve Jones said: "At City of Guilds, we're all about helping people get into a job, progress on the job and move on to the next job. As part of this, we are committed to celebrating the achievements of those who find success through vocational education and training, and Tilly Schofield is a truly proud of this accomplishment. Recognising an award from one of our Founder Members is a remarkable achievement and signifies great dedication to her craft. I wish Tilly all the best for the future."

£1million investment at Chichester Golf Club including the opening of an adventure golf course



Partners can enjoy exciting views at Chichester Golf Club

A TROPICAL PARADISE adventure golf course featuring lagoons, waterfalls, and a new 18-hole golf course is due to open in July at Chichester Golf Club, just north of Brighton on the Esplanade.

A group of engineers have worked on the site for a year. The new 18-hole golf course is a real challenge for you to navigate your way around the waterfalls, lagoons and play the new hole if you dare. Can you pull the right course to the green to finish your round or will you fall prey to the roaring tigers that surround you?

A massive £1million investment has gone into creating the single 18-hole course and a new 18-hole golf course which is already well under way. The new 18-hole golf course will offer a fun experience to people of all ages and abilities to all.

Chichester Golf Club's owner, Sally Hargrave said: "This new adventure golf course is great news for us and for the local community. During our new adventure which are fun for the

whole family are now in our area. From our experience at our 18-hole adventure golf is a great new recreational activity and can be enjoyed by those aged 3 to 99."

Building started in April and the course is expected to open in early July. It is the same time the new popular 18-hole course has been opened a major 18-hole with the installation of 18 new trees and a new 18-hole course to include a state-of-the-art 18-hole artificial practice area. Hargrave said, which was used at St Andrews and Walsingham, after the golf is a new perfect simulation of playing off real grass. You can play off the mat or on your own tee, it's that good.

The final phase of the project will be to add a coffee shop and party room which will be integrated with the dining and retail shop. The coffee shop will be located and will feature food to order and will feature food to order and will feature food to order. The whole project is expected to cost £1 million and should be completed in early 2017.

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Sainsbury's celebrates big birthday



SARAH VICK Cladwater celebrated its 10th birthday recently with one local resident remembering the old store on North Street.

On Friday morning, the front of the store was decorated with balloons and彩旗, dressed in white.

dress and greeted customers with specially made (and infused) non-alcoholic coffee. Balthus was also given out to the children.

Stanley Chastinelli, 39, from Halesowen, used to shop at the North Street Store before it was closed.

and moved to the new store at
1145 Broadway

Store Manager, Ray Goehner, said "I would like to say thank all customers past and present that have continued to shop with us throughout the years."

Covers continue sponsorship of Portsmouth Football Club



Portsmouth Depot Manager Bob Lashburne and Coach Tom Decker stand with the team.

COVING TIMERS & BUILDING MERCHANTS have confirmed their continued sponsorship of Portsmouth Football Club for the next two seasons, having been sponsors of the club throughout

the non/only season, Covers are proud to be able to further this commitment.

didn't incredible journey, been
 served by the time and having the
 opportunity to be a man sponsor
 the women, Gosses are delighted to
 confirm that we have renewed our
 association for a further two years.

This continued partnership also means that our legs will remain on the ground of the dollar for the

The current sponsorship has

beat a great success due to the connection with the club, with many local businesses using Gormley, who have supplied a diverse range of quality timber and building materials for over 250 years. As a result, a real sense of community has been created around the Portsmouth and Gosport Gormley depots which also has a branch in Chichester.

Chichester director in line for top award



Andy Fitzgerald, Managing Director of Devonair Marine

ASSETRY business leader has been named as a finalist in this year's London and South East Director of the Year award by the Institute of Directors (IoD) and sponsored by Procter & Gamble Coppen LLP.

Andy Fitzgerald, Managing Director of Devonair Marine, is a finalist in the Director of the Year of a company with a turnover of up to £10 million category.

Since 1960, Devonair has been

at the forefront of recreation, design and manufacture of marine boats and slides, creating a comprehensive range of more than 30 products to encompass the ever increasing range of leisure, shaped recreation, watercraft, and perhaps

it is a top strong work force. Devonair supplies slides to most of the world's leading boatbuilders.

Sally Wood, Devonair has received three Quality Awards

for Enterprise in International Trade – in 2009, 2010, and 2011.

Andy said: "We don't set out for recognition in the field of leisure – leisure is in fact business really put told they are doing things well, so to be shortlisted for this prestigious award is a great feeling. You know your reputation as a great manufacturer and I am enjoying the contest."

"This year, you directors names were put forward, from which we had just under 100 entries to consider for the 'winners' and Rodney Broad, Director of the IoD South. "After some difficult decisions, the judges have selected this down to 10 finalists across eight categories."

John Micaela, South East Regional Leader of EntrepreneurCoppen LLP, major sponsor of the competition, said: "This Devonair nomination of the finest Director is our opinion who, in spite of the challenging landscape, have demonstrated exceptional leadership and best in class performance."

"The quality and depth of the submissions short listed for the award have not diminished for our region will continue to grow in 2016 and beyond."

Andy and other finalists from across the whole of London and the south-east of England will find out if they have been successful at the 2016 IoD Awards Gala Dinner in June, in the prestigious surroundings of the Mark Room at the Ritz Hotel, London.



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Company up for VQ award

SOLOTRON METROLOGY has been named as a finalist for this year's VQ Employer of the Year Award (VQE category) for England, in recognition of the outstanding support it has provided to three outstanding vocational qualifications (VQs) within its workforce.

Solotron Metrology, a world leader in the recreation, design and manufacture of precision recreation for quality control, has implemented a vocational learning programme to allow its diverse workforce to gain extra skills and progress within the business. Employees are offered paid leave to study and rewarded with award certificates to celebrate their achievements. Solotron Metrology's training programmes are growing in popularity, with 30% of staff members now in training, after joining their colleagues through the business. Solotron Metrology's vocational learning programme has enabled it to develop a flexible, responsive and skilled workforce, able to work as a team and efficiently develop the business.

Solotron Metrology joins five other organisations with a chance of winning the VQ Employer of the Year Award, which is split into two categories, SMEs and large organisations, and is sponsored by City & Guilds. The overall winner for

each category will be announced at an awards ceremony in Manchester on the 30th June 2016 and the award will be presented by Matthew Hancock MP, Minister of State for Skills and Enterprise.

Solotron Metrology said: "We're absolutely delighted that our investment in employee learning up vocational education has been recognised in this year's VQ Employer of the Year Awards. Not only do vocational qualifications help the individual achieve their career goals, but they are also highly beneficial to us as a business."

Held on the 30th June 2016, VQ Day is an annual event led by independent education charity, the Edgewise Foundation. It aims to celebrate the benefits of technical, practical and vocational learning, not only to the individual but also to UK PLC. From 10-11am, the

three main VQ Day activities are the acquisition of new skills and knowledge, practical problem-solving and high quality vocational qualifications and assessment.

Jon Hughes OBE, CEO of the Edgewise Foundation, "Solotron Metrology has been shortlisted for this year's VQ Employer of the Year Award for championing technical, practical and vocational skills within its workforce. It's very important for us to recognise companies like Solotron Metrology that have committed their people and practical learning. In doing so it sends a strong message about the value of vocational qualifications, training and the benefits they bring to both employers and the economy."

For more information about VQ Day and the VQ Employer of the Year Awards, please visit www.vqday.org.uk



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Arts & Entertainment

New showing of *CineWorld* Chichester

Cinema Review: Blended



Blended (PG-13)
 Running time: 107 mins
 Director: Frank Coraci
 Starring: Adam Sandler, Drew Barrymore



After a disastrous blind date, single parents Louise and Dan agree to only one thing they can't wait to see with other eyes. But when they suddenly up and get a divorce, they are all stuck sharing a state of a hilarious African safari resort for a month. *Blended*, the least comically well-known between stars Adam Sandler and Drew Barrymore (of *Matilda* fame

Sports volunteers needed



WANT TO BECOME a volunteer and give something back to the community? It's your opportunity to become a sporting volunteer this summer in Chichester.

Chichester District Council's Sports Development Team is looking for volunteers to help at one of the city's most popular sporting events: the Malvern May Frolics Junior Aquathlon on Saturday 10 July, and the Malvern May Frolics Chichester Triathlon and Tri-A Tri

athlon on Sunday 12 July.

Volunteers are needed for various roles throughout the two days. You could be required to register the athletes at Malvern Leisure Chichester before the start of the events, loan out for the swimmers, assist cyclists and runners or hand out medals at the finish line.

Volunteers do not need any previous experience as they will be fully briefed before the event. All volunteers will receive a sporty

bag including drinks, meals and a t-shirt.

If you would like to volunteer at either of these events please contact Amy Chichester, the council's Sport Development Officer, on email at amychichester@chichester.gov.uk or call 01243 754176.

Councillor Edna Lewis, Cabinet Member for Wellbeing and Community Services at Chichester District Council, says: "Volunteers are critical to the success of the triathlon. From helping participants register at the start of the event to handing out medals at the finish line, a tiny army of volunteers makes a big difference and makes it a memorable day."

"Volunteering is a very rewarding way to play a major part in the success of the day. These events are a big part of the local sporting calendar and are great fun whether you are taking part, helping out or as a spectator cheering everyone on."

Meanwhile entry is open if you would like to take part in a competition. To find out more visit the council's website www.chichester.gov.uk, through the Malvern Leisure website www.malvernleisure.co.uk or call 01243 754176.

Competition

WIN TWO TICKETS TO CINEWORLD

FOR A CHANCE TO WIN 2 TICKETS, ANSWER THE FOLLOWING QUESTION

Q In which film comedy did Drew Barrymore and Adam Sandler first team up?

- THE WEDDING SINGER
- THE LONGEST YARD
- BEDTIME STORIES

Send your answer and include your full name, address and a contact phone number to competition@chichesterherald.co.uk. One lucky winner will be selected randomly. Draw open 10pm 10th June 2014 at 10pm. The winner will be notified one or two days before the winner has their C. Below New Chichester District Council Competition terms and conditions apply.

CineWorld Chichester
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WOODS READER OFFER

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 Adult £49, Senior Citizen £47
 & Child £32

Discover a world of horticultural excellence at The Blenheim Palace Flower Show. Featuring the best landscape and floral talent that the UK has to offer, alongside an extensive array of garden retail products all within the stunning setting of Blenheim Park.

Pick up in Chichester, Bosc Green, North Binstead, Bognor, Felpham, Littlehampton & Rustington

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Spotlight UK are back in Chichester!



AFTER A SUCCESSFUL first season at Easter, Spotlight UK, are bringing their performing arts workshop to a permanent home at Chichester from 4 June.

The workshop, involving Street Dance, Drama School and a Theatre

School for children aged 8 years, will be based at Employment Park on Monday, Thursday and Friday evenings and Saturday mornings at Roundhill Park. All will be offered at affordable prices, and will really make a difference to people's lives

in Chichester. To find out more go to www.spotlightuk.co.uk or phone 01243 505400 to book a place.

Chichester Community Development Trust and Affinity Station are proud to be sponsoring the startup and Jane Hudson the

Community Development. "We're passionate Spotlight are a charity with a professional approach to teaching performing arts in a fun way. The workshops will be affordable to everyone."

Spotlight UK, based in Birmingham, was founded as a charity to support the local community in April 2009, with an aim to provide a wide range of affordable activities to help increase confidence and self-esteem, social interaction and mental wellbeing. The Theatre School started with just six children and one dance class in that April, and by September there were over 300 children coming every week to a range of performing arts classes.

Spotlight UK's Theatre School is not about the best dancers, singers, actors and actresses. It is about every child, no matter how background, getting the best chance to perform, dance, and express themselves, while having great fun in the process.

Yet that doesn't mean second rate performances and acts or no progress. They have so incredibly talented teams of teachers offering

a range of activities to suit all ages and abilities in Chichester. The lovely Kate Appleton and Laura Bloom will be running the lessons.

Laura Bloom currently lives in Brighton, and when she's unable to work as an actress, she runs her own business for a local Theatre. She has a long list of performing arts qualifications and experience, and is 'delighted to be involved with Spotlight and in particular about helping young people develop and flourish into confident and able actors through Drama and performance'.

Kate Appleton is a student studying Psychology at the University of Chichester. She's been teaching at other Spotlight branches in the past as well as other youth work. She's really excited to launch these classes in Chichester after having a wonderful time at the Easter Holiday club. Kate is convinced that "performing arts are a brilliant way for children to express themselves and build on their personality."

So together they have chosen everything in place, all they're missing is you!

What's On in your local area...

- Transition Chichester's *East Chichester* comes up with another film: the smile and winning film! Happy From the Archway Award nominated director Foko Boko (Angela Bland) comes a community awareness Happy is a feature-length documentary that leads viewers on a journey across 5 continents to search of the hope to happiness. The film addresses many of the fundamental issues we face in today's society: how do we balance the stress of money, time and social status with our needs for strong relationships, health and personal fulfilment? Through remarkable human stories and cutting-edge science, Happy leads us toward a deeper understanding of why and how we can pursue more fulfilling, healthier and happier lives. The film is being screened as part of the monthly See Stories, led by grassroots community organisation,

Transition Chichester, which can be viewed on www.transitionchichester.co.uk the series of sustainability Days, Monday 2 June, 9.30am. Venue: Round Shapton Hall, Taverney Way, Chichester, PO19 4AG. Cost: £5/£3 (over 60s) includes refreshments and home labels at our Commemorative Cafe after the film.

- Selby Gardens Open Day - Sunday 10th June 2014, 10am-3pm. Selby is opening 19 gardens including new ones for 2014. The garden trail meanders through the town, making award winning gardens and gardens, continuing towards the sea via cottages, woodland and killy gardens before reaching beach side paths enjoying stunning sea views across The Solent. Many gardens have wheelchair access. Refreshments, Music and Raffle table will be on site during the day. All proceeds will

go to St Michael's Hospice and Chichester's Beauty Awareness Programme. Adult £5, under 16s free. Includes map and description of each garden, an info on Selby from Selby with May at The Selby Theatre, Selby Works and Selby Town Council Office. Details on www.openinggardens.co.uk.

- Taste - Artisan Food Festival Outside Park, Chichester with 10th June 2014 from 10am - 5pm FREE ENTRY. If you love great, local food, then taste is for you. Over the weekend there will be the Artisan food stalls preparing delicious local food to sample and buy - everything is locally made, grown or produced and often something really unique to try. We have a variety of workshops also, with a gastronomically English between serving traditional dishes and tea from these cups, a Potted Bar with local real ale,

coffee and wine and plenty of local entertainment throughout the weekend. And for the kids we have face painting, a library craft box run and confectionery classes. Please call 01243 505400 or go to our website www.tastebarn.co.uk for further details.

- Concordia is a small club which provides friendship and companionship for single people. It is not a dating club but any member who forms a relationship or marries leaves members. It meets every Tuesday at the Village Inn, Buxton, and holds a variety of events throughout the year. New members are very welcome. Anyone who would like more information can visit

www.concordiasinglesclub.co.uk or phone 01243 505400 or 01243 505400.

- The tenth annual Pathbourne Film Fest will take place on Friday 4 June. This highly popular event will, as ever, be a grade 1 race/fest. Following the traditional course around the harbour. We will meet at the Pathbourne Centre at 10.00am with the event starting at 10.30am. Entry forms and further details will shortly be available from the website www.pathbournefilmfest.co.uk or at Pathbourne Primary School, the Pathbourne Centre, Becht Lane and the Motters Community or please contact Sue Leeming on 01243 793321.

If you would like to see what you can do to help, please email info@chichesterherald.co.uk All topics are subject to change without notice and it is a good idea to check back on the Chichester Herald, please be in touch with us for any changes we may put on the page.

Food & Drink

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Volunteer group maps Chichester's local food journeys



Local food writer Ramsey Moss

VOLUNTEERS from Traces of Chichester, a group of like-minded people who are embracing and celebrating the sustainability, resilience and abundance of Chichester, have presented the findings of their 3-year project to map the routes to market of Chichester's local food.

Local food was defined as being produced and/or available within a 10 mile radius of Chichester's historic market town. This information is now shared as the

Traces of Chichester website for all to access and use. It not only shows who is growing, processing and producing local food, but also where and how it is distributed. It highlights the abundance of sales, restaurants and bars in the City Centre and also the difficulties in sourcing food, seasonal food in the main shopping area on a day-to-day basis.

The map of Chichester's food, with its accompanying report, was presented to an audience of city, district and county councillors and

officials, as well as some producers, retailers and food writers, at a meeting at George Hall House, kindly hosted by the Dean of Chichester Cathedral.

Local food writer Ramsey Moss has been involved in the project from the beginning. A

troubled to make progress to map their local food resources in a uniform way, produced by the Campaign to Protect Rural England (CPRE), was tested by the volunteer group. The volunteer group found it difficult to map what is happening with food food at the Chichester area, but it was a successful task and went into the final report. When the CPRE report came along we decided to do the work for everyone's benefit. We also hope that it will help raise the profile of all the wonderful food that we produce here in our area. Our local food is highly valued by the supermarkets for producing fruits and veg, but direct routes to the West Sussex community not available to the consumer without away from food miles added through distribution and warehousing.

Our business was identified who transported local food. Food production is around only to tourism in our area. Customers wanting to access local food must generally travel outwards, visiting shops in the suburbs or from shops several miles outside the city centre.

Steve Ramsey, one of the co-authors of the report, said that "The future of the collection process allowed us to gather opinions about current practice and ideas for improvement from a range of businesses who handle locally sourced food on a regular basis". At the presentation all the businesses that TC visited were keen to support, and gave some excellent feedback and ideas for promoting local food.

Joey Daley, who moderated the data collection from the group of volunteer interviewers pointed out: "The lack of shops selling local food in the city centre really bothered me. We have only one independent grocer". And when we are local producers, there is a small one in the city, but the nearest general warehousing

we found is in Henfield or north Hampshire.

In a foreword to the report the Grace the Dean of Chichester wrote that "Understanding how and where our food is produced and sold is essential if we are to be able to celebrate West Sussex's beautiful, resilient and richly productive countryside as a source of food. This local mapping project has been undertaken by volunteers from Traces of Chichester, working partly in association with the Campaign to Protect Rural England. They are now keen to share their findings with Dorset. Members throughout the county I encourage them to go to you and encourage you to share it with others".

The information is now available to all and Traces of Chichester's volunteers hope that it can be used by business support and economic development groups to identify ways of helping all those involved in local food to be able to provide local food to local people, easily, regularly and as simply as possible for the good of the community and businesses large and small.



READER OFFER

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Can you guess where this picture was taken within the Chichester area?

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Draw will be held on Wednesday 27th at 12 noon. The prize is a £100 Murrays meal for two from the Chichester Herald & Printing Co. which will be delivered to your home on a Monday 27th at 12 noon. The prize is a £100 Murrays meal for two from the Chichester Herald & Printing Co.



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Travel

Are Bank Holidays over-rated?



AS THE FOURTH bank holiday is just over a month past, new research reveals that national days off work may not be as popular as we thought.

There are eight Bank Holidays a year, and yet, for many people this is a non-observance, as new research conducted on behalf of www.bankholiday.co.uk has revealed that 54% of people dislike these festive

holidays, people across the country say they 'hate' Bank Holidays, despite the widely-held assumption that the population welcomes that extra time off. In fact, less than a third of respondents (29%) claim they 'love' Bank Holidays.

Location plays a big part in attitudes to bank holidays, with Londoners the most positive about them (33%) either said they either like or love bank holidays, followed

by the North East (31%) love or like bank holidays while people living in Wales were the most negative, with 46% of residents claiming to either dislike or hate the extra time off.

Age has an influence on how welcome or not an upcoming bank holiday might be too, 45% of respondents aged between 16 and 34 said they loved bank holidays, contrasting with just 14% of our

age, of whom one in six (16%) said they disliked or hated bank holidays.

Surprisingly, the number one reason for disliking Bank Holidays is that people find them "boring". A third (33%) of people who do not like the breaks give this reason.

One in five (20%) Bank Holiday lovers, meanwhile, cite the traditionally horrendous traffic on the roads at these times of year as their reason for loathing the holidays. And more than one in 10 (12%) admit it is because they are often called upon to work while others have time off, while six claim they don't enjoy them because they don't earn money on these days.

More than one in 10 (10%) say they do not like Bank Holidays because the weather is often poor. And a love it either the root of their dislike is that it means they have to spend time with their family.

See Millers, spokesman for the money.co.uk website, said: "We are sorry to see people look forward to such Bank Holidays as it gives us a little extra time off to relax, unwind and spend

time with our families, then spending Bank Holiday there will be many who won't risk the thought of the extra Monday too."

"For some people it's the very thought of a weekend with the family that they find most unattractive, especially if it's combined with a few hours stuck in a traffic of queues for many people, especially those in retail and hospitality, a Bank Holiday is just another working day and perhaps an especially long one at that. But perhaps we should open a thought for them – such as the self-employed – who must take one of the Bank Holiday as a day they can't work."

* Londoners Report Bank Holiday Hate

* Bank Holidays Not Popular in Wales

* Young Bank Holiday Lovers Dislike to Work

* Bank Holidays Most Disliked with Over 40s

* Traffic, bad weather and horrendous bank holiday jams are

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Half Term phone nagging!

If you are anything like me, it drives me mad when my children are on the phone constantly. They get so fixated on you pick them up from a party, how you 'filled' and sometimes a good conversation. I suppose! Other times they start antagonising, talking, from laughing, snap chatting, tweeting, or what ever it may be and before you know it you are having a conversation with yourself! It is soooo annoying to sit across in 20/20 something with no message children just have to accept that as a way of life now, and a



Denise Kelly
Nagging parent

way that the children communicate. Or don't?

As a parent you can also wonder mobile phones and other wireless technologies affect children's mental development in getting under way,

and to be honest it's about how far I have been worried about education that has been available to us for years, but nothing has been coming. Finally the government are putting time and money into really checking to see what the true effects of such use. The study, funded by the government and industry will track 2,500 six- and ten-year-olds from September 2012.

It will look at their cognitive ability, their thinking skills, memory and attention, and then repeat the tests every year for a long way off, but it's a start. The researchers are 'very little' as known about what impact these technologies have on children. The World Health Organisation has said research is the one of the 'highest priority' and I think it goes more than that too secondary schools in the outer London area will receive materials to teach pupils into the study. Most of the research into mobile phone use has focused on adults and in particular, the risk of brain cancer. So evidence of harm has been established to date, but every

Dangers of mobile phones

There's a large amount of evidence stating that mobile phones could affect the primitive border between the brain and blood allowing toxins to enter. There is also evidence that mobile could be disrupting our immune systems reducing sperm motility and causing low sperm numbers in men's semen.

study that has been suggested seems to point the finger dramatically at mobile phones being directly linked to many diseases.

However, NHS advice is that children under the age of 10 should use mobile phones only for essential purposes and, where possible, with hands-free kits. The theory has been put forward that children's brains may be more susceptible because they are still developing.

The research is led by Imperial College of London and will get that idea to the top by asking children and their parents about their use of mobile phones and wireless devices.

such as tablets, as well as analysing data from operators. This is an age group in particular important as many children get mobile phones at that age to enable them starting secondary school. Some 70% of that age group own a mobile phone. As mobile phones are now so widespread technology central to our lives, carrying out the study is important in order to provide the evidence base with which to inform policy and through which parents and their children can make informed life choices. That is a research project that will shed light on the health, but better late than never.

There is nothing more important than looking after your health to successfully a thriving and vibrant life.

To get outstanding health and energy Denise does private consultations in three clinics in West Sussex. She also teaches life changing health workshops and seminars for corporate companies and various health organisations all over the world. For more information contact her on: www.denisekelly.co.uk info@denisekelly.co.uk or 01243 537806 17786471828



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Dr Feng Wang is an associate of the ACU (Association of Traditional Chinese Medicine and Acupuncture UK). He has been practicing his profession over 18 years and has his own clinic in Chichester town centre.



Dr Feng Wang has been practicing acupuncture and other holistic therapies in London, Portsmouth and Chichester for over 5 years. Prior to this, having obtained his degree in Chengdu University of Traditional Chinese Medicine he had practiced acupuncture and medical herbs in China for 12 years.

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Nearly half of employees in the South East know a colleague who has quit work due to stress

NEARLY HALF of employees (47%) in the South East say they know a colleague who has had to quit work due to stress. This according to Capita Employee Insights, also reveals that almost eight in 10 workers (80%) have been stressed at work in the past year.

Findings show employees in the South East are better to support their stressed workmates as a quarter (25%) of people, who have personally suffered with stress, say after they obtained the news with their employer nothing was done.

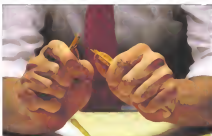
Based on findings at a survey of people in full-time employment in the South East, the research shows almost half of employees (47%) feel that their employer has a responsibility to help them manage their personal health and wellbeing.

Alexander Denson, head of health and risk management at Capita Employee Insights, commented: "It's shocking 35% million working days were lost to stress, depression, and anxiety in 2013 and, as these results show, employees clearly feel they're not getting the support

they need to be able to deal with stress in the past where people have obligations who've been forced to quit. Combining the cost of absenteeism, lowered productivity and talent leaving organisations on organisational bottom line - it's vital employers start taking stress seriously.

"To tackle the growing stress epidemic organisations must encourage an open dialogue about stress with staff. Half the problem with stress is that it can be a silent issue - with people simply being unaware that they are stressed."

"Employees need to be able to spot stress signals as they can look to create ways of coping that don't stress leaders it takes hold. Conducting a detailed risk assessment and setting the health and wellbeing of an entire workforce will help an employer to spot patterns. For example, if over a year a department has higher than average absenteeism rates, then there could be a contributing factor. Providing topical health benefits for the needs of workers such as expanded access to private



healthcare, health coaching and even simple personal health assessments - could help to deal with stress and personal absenteeism, potentially saving an organisation

thousands of pounds in lost days. It may also mean organisations are able to help on-fortunate staff who may be helped to quit."

A report into the findings from the employee insight research was published earlier this month and is available now via Capita Employee Insights website.

READER OFFER

BRUGES VIA EUROTUNNEL

SATURDAY 14 JUNE 2014

£50 per person

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Well presented modern detached house situated in prime location, within around 200 yards from the beach. Large South facing lounge, spacious dining room, recently built superb study, fully-fitted kitchen, sitting hall, six bedrooms, curved driveway and parking, master bedroom with en suite bathroom and balcony, three further bedrooms, family bathroom, double garage and garden including a South facing pool. EPC Rating: G.



ALDWICK BAY ESTATE

£570,000

A spacious three-bedroom house situated in a quiet cul-de-sac, close to the beach, with a full range of shops, schools and the beach. The property has been extended over the years and offers flexible and spacious accommodation in a peaceful location. G/F H. No. 20 longed long open, spacious sitting room (partial front bedroom), conservatory, kitchen master bedroom with suite shower, stairs, second bedroom, bathroom, good size garage and large garden. EPC rating: E.



ALDWICK

£585,000

A superb detached property situated in a quiet cul-de-sac, close to the beach, with a full range of shops, schools and the beach. The property has been extended over the years and offers flexible and spacious accommodation in a peaceful location. G/F H. No. 20 longed long open, spacious sitting room (partial front bedroom), conservatory, kitchen master bedroom with suite shower, stairs, second bedroom, bathroom, good size garage and large garden. EPC rating: E.



ALDWICK BAY ESTATE

£270,000

A very well presented three-bedroom detached house situated in a quiet cul-de-sac, close to the beach, with a full range of shops, schools and the beach. The property has been extended over the years and offers flexible and spacious accommodation in a peaceful location. G/F H. No. 20 longed long open, spacious sitting room (partial front bedroom), conservatory, kitchen master bedroom with suite shower, stairs, second bedroom, bathroom, good size garage and large garden. EPC rating: E.



ALDWICK BAY ESTATE

£295,000

A ground floor detached house situated in a quiet cul-de-sac, close to the beach, with a full range of shops, schools and the beach. The property has been extended over the years and offers flexible and spacious accommodation in a peaceful location. G/F H. No. 20 longed long open, spacious sitting room (partial front bedroom), conservatory, kitchen master bedroom with suite shower, stairs, second bedroom, bathroom, good size garage and large garden. EPC rating: E.



ALDWICK

£145,000

A one-bedroom detached house situated in a quiet cul-de-sac, close to the beach, with a full range of shops, schools and the beach. The property has been extended over the years and offers flexible and spacious accommodation in a peaceful location. G/F H. No. 20 longed long open, spacious sitting room (partial front bedroom), conservatory, kitchen master bedroom with suite shower, stairs, second bedroom, bathroom, good size garage and large garden. EPC rating: E.



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Sport

Rugby

Chichester RC to appear at Twickenham for Aviva Premiership Final



World Cup winner Lewis Moody

CHICHESTER, under new head coach Kerry Stokes, wants his stars to make the most of their Twickenham experience this weekend, knowing they fully deserve their time in the big city.

As Saracens and Northampton Saints do battle to determine who walks away with this year's top

prize at the Aviva Premiership Grand Final this Saturday, the beloved Twickenham turf will be guided by Chichester's young guns at half-time.

And coach Mike Searns and Stuart, Chichester faced an arduous journey to make it to Rugby HQ as they came out on top of the Leam

ingham Premiership Rugby Cup before being by Bekeleysen in October.

Chichester finished top of the pool in the great midweek and played against rugby union together and their prize is a spot in the 'Pavilion of Champions' during half-time of the Aviva Premiership Grand Final.

And after topping all the tables before them to make it to Twickenham, Stokes is urging his players to make up the experience as they share the spotlight with their club.

"The kids are really looking forward to visiting Twickenham, although I don't think it's really for them to get because of our busy season," he said.

"Even during the period of bad weather we still managed to organise games and we won a tournament on the Isle of Wight recently."

"It's a competitive side they've

only conceded one loss that season and their similar strength across all the age groups at Chichester."

"Twelve of my squad are going to the Harlequins youth tournament this month, so it's a exciting time for them with the trip to Twickenham coming up too."

Looked in the small group, the Leam River Premiership Rugby Cup is the first national professional tournament officiated by Premiership Rugby and runs in conjunction with all twelve.

And while some of Chichester under-18s Twickenham experience will start and end this Saturday, World Cup winner Lewis Moody is adamant the occasion will continue to have a positive effect on their lives.

"The bonus taking part in the Friends of Champions worked hard to win their respective cup competitions and they fully deserve this historic reward," Moody said.

"The kids will get to see and experience Twickenham and be on centre stage, get to walk on to the pitch and they will be millionaires for the same game that these international games will be making on in a year's time at the World Cup."

"My first game at Twickenham was when I was at I think for the England Under one and it was before or after one of the international and it was still an amazing occasion."

"There was a bit of a pressure then but for these kids it was like a packed house as it is just before the kick-off so they will get the experience the same and atmosphere which is fantastic."

Lewis Moody is a Leam River ambassador. Leam River supports grassroots rugby and provides the opportunity for young players to take part in the Leam River Premiership Rugby Cup.



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